



***Enhance your
Child's
Hand Skills &
Colour Sense***

WITH WASHING PEGS



Enhance your Child's Hand Skills & Colour Sense with Washing Pegs

For this activity you will need crayons of different **colours**, a piece of cardboard or thick paper and some washing pegs.



Do this preparation together with your child and make it **fun**.

Talk about the different **colours** of crayons you have available.

Name the **colours** and find them in your home, in your garden or in your street.

Find **red**, **yellow**, **green**, **blue** and **orange** items and talk about the items and their **colours**.

For example, I can see a **red** cup. Ask questions, what can you do with a cup, what is the size, the shape and what is your favourite cup?

Talk about the colour. What kind of colour is **red**? Is it a warm colour or a cold colour, and find more **red** items.

Do this with all the **colours**.

The next step is to colour the washing pegs each in a different colour.

Then make colour dots on the board to **match** the same colours as the pegs.





Now let your child match each peg to a colour. The children have to use their hands to open the peg and match them to the right colour dot. This encourages **hand strength**, **dexterity** and **perceptual skills** when identifying one colour against another.

For **smaller** children you can use the pegs around containers - let them sort the pegs inside the containers and peg them all around the edges. This is **fun** for toddlers.



For pre-school children you can extend the activity and do some **body awareness** with the pegs. First talk about the different body parts. Let the kids copy your body movements. Run, jump, stand on one leg and make different faces together. Make it **fun**. **Talk** and **laugh** with each other.



Now use a piece of cardboard to cut out a head. Let your children draw a face onto the head and talk about all the different parts of a face and what their function is.



The eyes can **see**, the ears can **hear**, the nose can **smell**, etc. To extend this **sensual activity**, read our [Activity For The Senses Manual](#). Now make some colour dots on the top of the cardboard head and then let the children **match** the pegs to the colour dots and clip them into the head.





Take your time with this activity.

This can be a process over a few days or even longer, until your child knows the **colours** and can match them.

Give lots of time to your children and break the activity up into steps.

Praise your child a lot and **enjoy** your time together.

This can also be used in a classroom and kindergarten environment. The children can make their own sets of pegs and reuse this activity until they master it. **Have fun.**

Teach your child to use the thumb, middle finger and the index finger when putting the pegs onto the board.

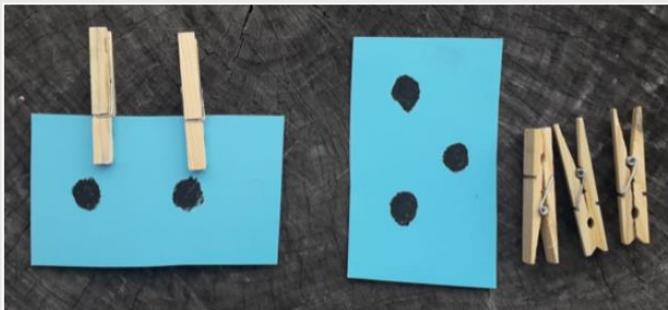
There are the **tripod fingers** and are used for **writing**.



This activity is **activating the writing fingers** and therefore preparing them for writing and drawing activities at school.

Use washing pegs for **counting**.

Make your own number cards. Make cards with dots and let the children count those dots. Now let the children put as many peg onto the card as there are dots.



Extend the activity into numbers...

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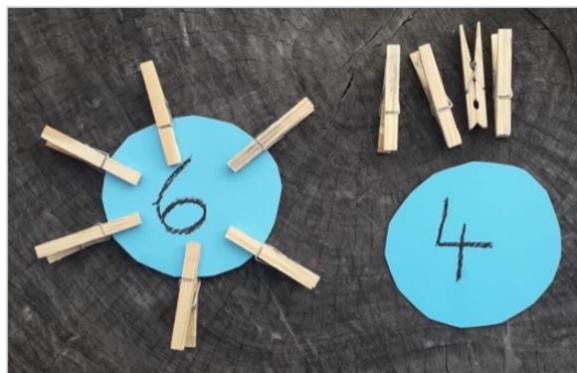


Extend the activity into numbers...

Make number cards and talk with the children about the different numbers.

Let them trace the numbers with their finger or write them in sand.

Count out pegs according to the number on the card and peg them onto the edges of the card.



You can extend the peg activities into matching **symbols**, **letters** and finally **words**.

Adapt the activities to the age and skill level of your children.



Visit our website to download our other activities manuals,
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- Pre-writing activities for pre-schoolers in a sandbox
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